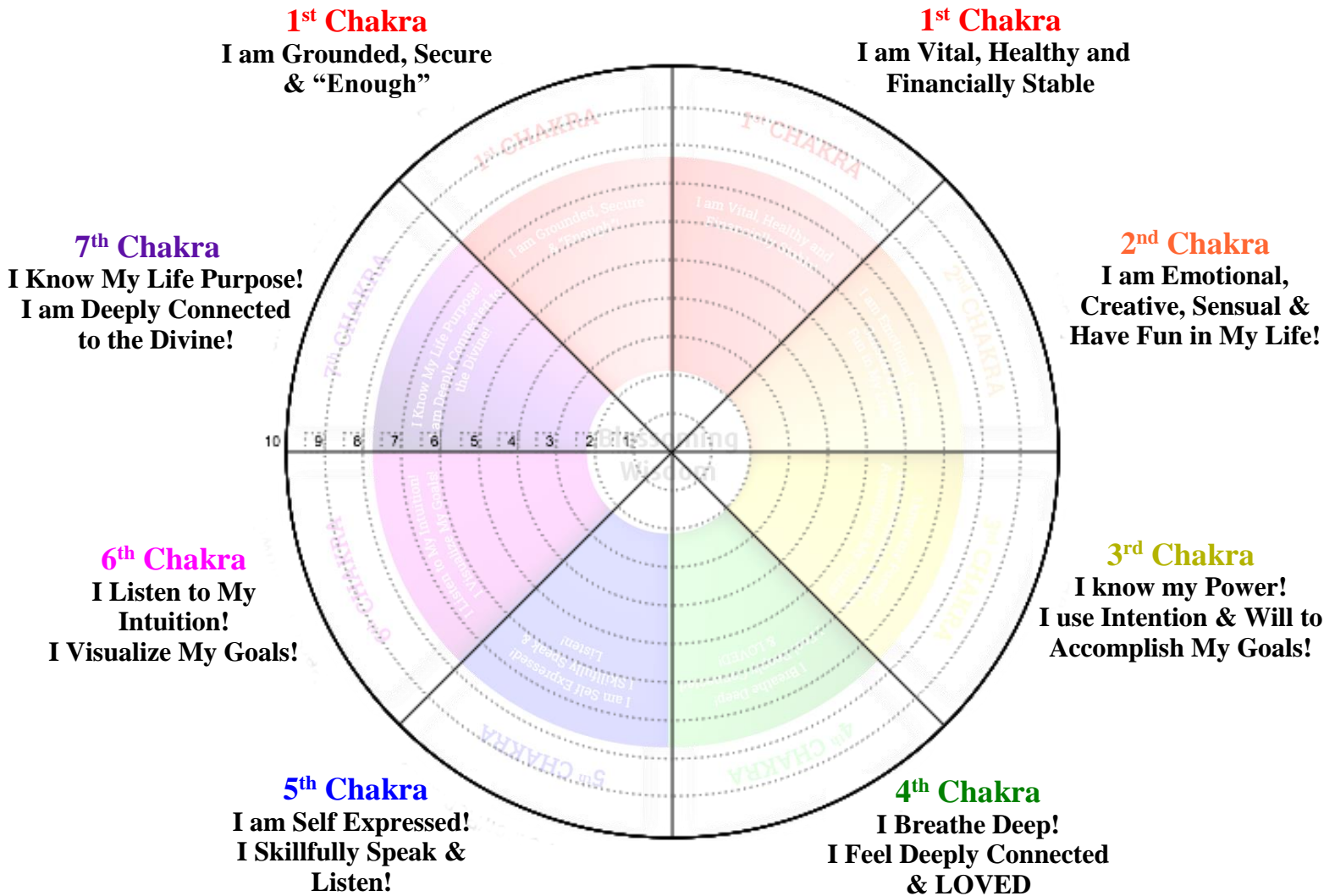
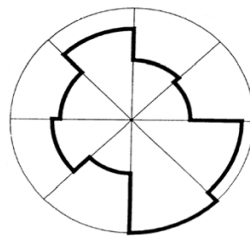


How Balanced Are Your Chakras?



Instructions

Inside each section of the wheel, determine where you are on a scale from 0 to 10, 10 being the best, and draw a line across that section of the wheel. For example, the innermost part of the wheel spoke where it is at its narrowest would be a “0” and the outermost widest section of the wheel would be a “10”.



If this were a wheel on your car – would your movement forward be smooth?

Cheryl Blossom
Cheryl@BlossomingWisdom.com